

# **UKA guidelines for under 12 Medallist**

## **GIRLS DRESS:**

- **Materials used to be the same colour & shade throughout with no metallic or contrasting threads**
- **No panels or inserts to be used in the bodice or skirt Plain or pleated only**
- **No cut outs in bodice**
- **No two piece outfits(except sleeved leotard and skirt)**
- **One hem length throughout (Single wiring allowed on one hem)**
- **Skirt length to be not more than 5cm above the knee Max length must be 10cm above the top of sock line**
- **No more than two underskirts permitted**
- **Simple neck lines please, no plunging or revealing lines**
- **Back must be high either straight or with a simple scoop/insert**
- **Short, three quarter, long fitted, puff and cap sleeves are all permitted**
- **No sequins, stoning, or other decoration.**
- **Neckbands, arm bands, floaters & gloves are not allowed**
- **White ankle socks**
- **Regulation or shoes with block heels up to 3.5cm to be worn no sling backs allowed. No stiletto or high heels**
- **Make-up and false tan may be very lightly used.**
- **False eye lashes are not allowed**
- **A small flower may be worn in the hair**
- **Only small jewellery of a religious nature may be worn**

## **BOYS OUTFIT**

**Black trousers and a plain white or plain black shirt**

**A black tie or bow may be worn**